

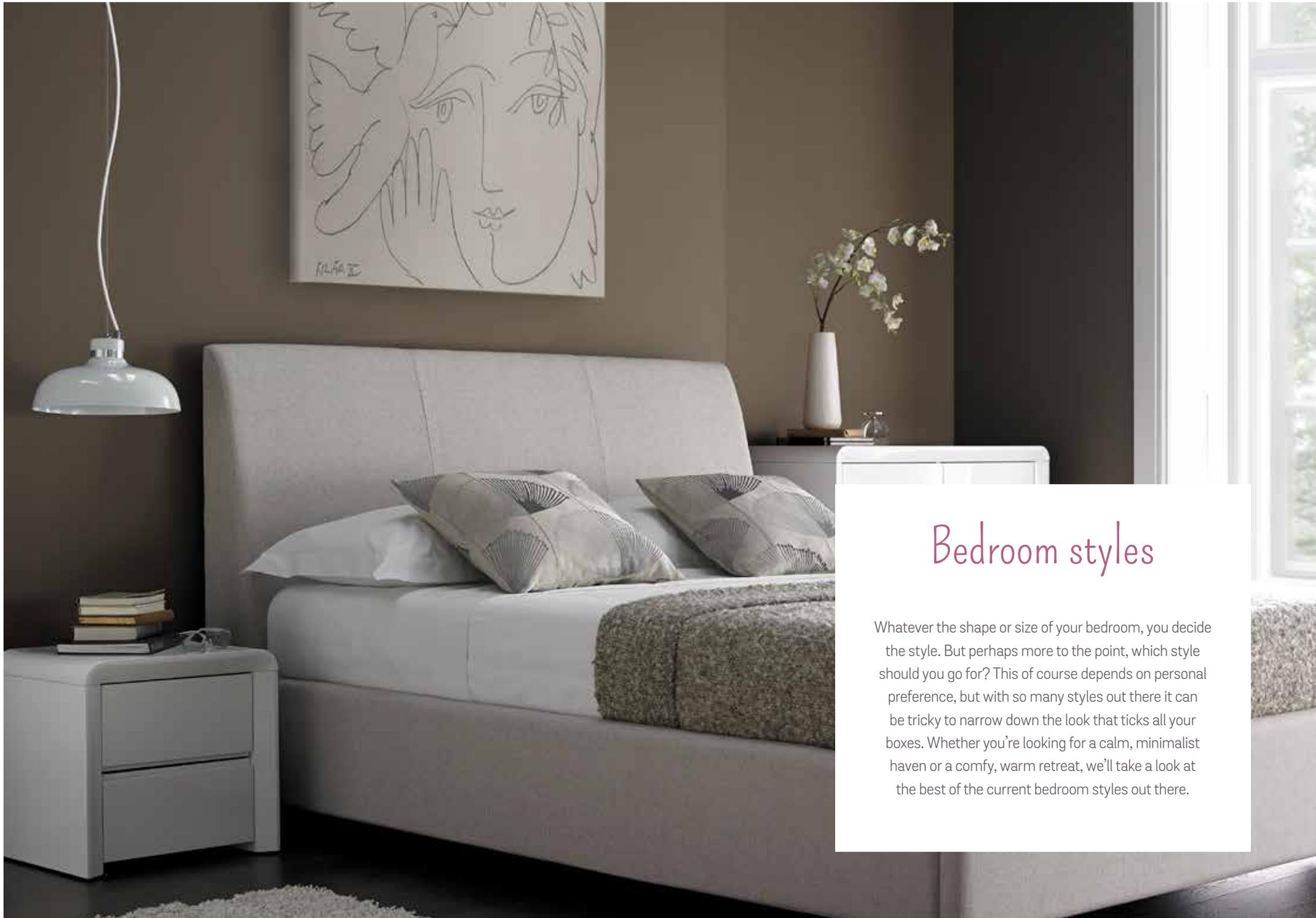


STYLE GUIDE

A place to rest, a place to relax, a place to feel perfectly comfy and secure...

...your bedroom is a private space in which to truly switch off and unwind. You probably spend more time in your bedroom than any other room in your home, which is why it's really worth using your imagination and spending a little time creating a bedroom style which suits your tastes and needs.

time4sleep



Bedroom styles

Whatever the shape or size of your bedroom, you decide the style. But perhaps more to the point, which style should you go for? This of course depends on personal preference, but with so many styles out there it can be tricky to narrow down the look that ticks all your boxes. Whether you're looking for a calm, minimalist haven or a comfy, warm retreat, we'll take a look at the best of the current bedroom styles out there.

Country

Delicate floral patterns, chequered fabrics, tie-back curtains, a splash of bright colour here and there, wooden floors and **antique-style bed** frames are the champions of the cosy, yet contemporary cottage look. Accessorise your room with rose-scented candles, to give a comforting glow and a hint of country garden fragrance, bringing a little of the great outdoors in.

Why not mix and match fabrics, such as subtle chequered curtains, a colourful tartan blanket for your bed and polkadot cushions? You won't want to overdo it with pattern though, as it's a rustic rather than a chaotic look you're aiming for! **Here's a look** at what you could do to transform your bedroom into the perfect country retreat.

Should you paint?

Why not have one signature wall covered in a gorgeous floral-patterned wallpaper, and otherwise simple white-washed walls for a fresh country feel, or a warm-coloured paint shades to capture the cosy country look? **Farrow and Ball** have a fabulous collection of paints that inspire the perfect English country-style. Take a **peek here** for the serene contemporary country look you're after.





Contemporary

The contemporary look is all about transforming your bedroom into a tranquil haven and, ultimately, the perfect spot to relax and unwind. Think of your contemporary collection as consisting of cool whites, pale blues, grey marl and soft beige, with a focus on luxurious textures. Your bed should be the point of focus when choosing your collection for a contemporary bedroom.

The [Sienna Grey Upholstered bed frame](#) and the [New Cavendish Upholstered Bedstead](#) have comfortable, stylish headboards and striking, contemporary designs.

Scatter a few satin or faux fur cushions on top of a plump goose down duvet and pillows, and you'll hit the contemporary bedroom style on the head. How about checking out [these](#) bedrooms for [inspiration](#)?





Classical

Luxurious and sophisticated, the classical bedroom style is composed of beautifully-designed furniture. Choose an upmarket and stylish bed as the focal point of your bedroom, such as the [Kensington Upholstered Divan](#) Base and Headboard.

Classic bedroom accessories are characterised by subtle gold accents such as a gold-framed mirror or photo frames, and perhaps a few black and white photos to add a touch of elegance.

Concentrate on recreating a classic look with simple luxuries, and treat yourself to linen-scented candles, quality cotton bed linen, a white cotton waffle bed throw and beautiful long curtains or drapes. It's also worth investing in a few quality items or antique pieces, to give your room the classic feel you're after. We've found the perfect classic bedroom [look here](#).

Romantic

This style is characterised by soft mood lighting, so consider purchasing discreet fairy lights to place above your headboard or around a hanging mirror. A dimmer switch and candles can also help to transform your bedroom into a romantic haven.

There are so many plush beds to choose from, but leather or faux leather beds work particularly well with this look. Choose soft, sensual fabrics for your bed throws and cushions – velvet, satin and faux fur textures epitomise the contemporary romantic style.

Long-length mirrors, sheer fabrics and drapes also work wonders in creating an idyllic bedroom haven. For the best in romantic style, take a look at these stunning bedrooms.





Scandinavian chic

Block colours, clean lines, geometric patterns and statement pieces typically feature in Scandinavian chic. Bright and bold is the way forward! Don't be afraid to mix up a few distinct and contrasting pieces too, this style is all about the artfully thrown together look – it doesn't need to be totally matching, it's a quirky medium between contemporary and cosy.

This season is all about striking pastels, black and white, so use this palate to help you choose your Scandi-style collection. Choose a black and white striped bed throw, for example, or a triangular-shaped mirror. A giant pendant lamp in the shape of the classic desk lamp is a great accessory to complement your Scandinavian bedroom.

Light-coloured wood has always featured in Scandinavian design, so whether it's your floor, desk or bed, this will really make your style pop! Check out [these bedrooms](#) for the ultimate in Scandinavian cool...



Minimalist

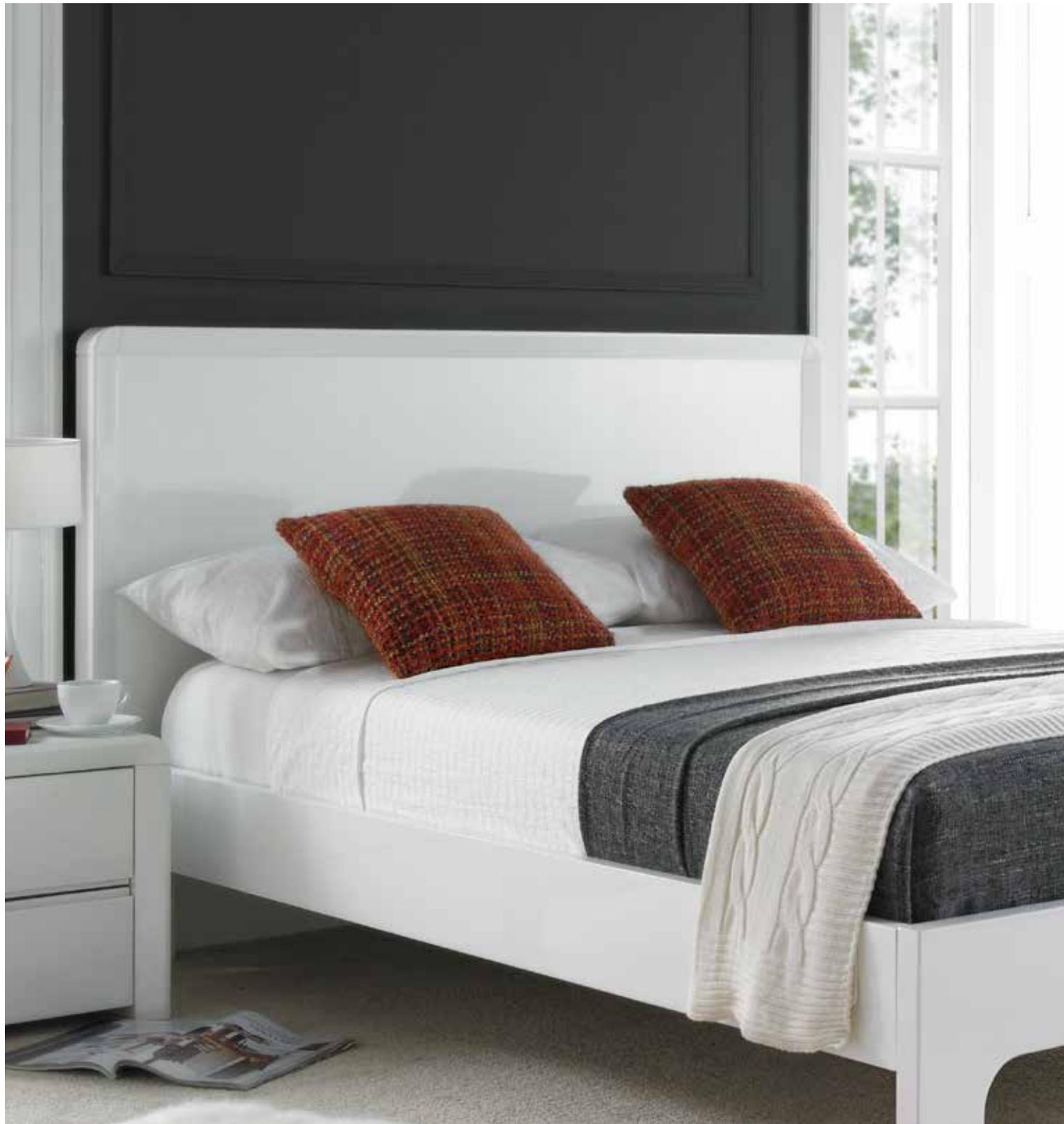
The minimalist look typically features crisp whites and neutral colours, but don't be afraid to embrace a flash of bright colour, and the odd pot plant or simple ornament.

The minimalist look creates the ultimate space in which to rest and unwind, so make sure you decorate accordingly to achieve a feeling of calm as you walk into the room. It's important to keep accessories to a minimum, as you'll be after a look which demands zero fuss and clutter.

For a simple yet stylish bed, the [Ice 2 High Gloss Bed Frame](#) or [Serene Monza Faux Leather Bed Frame](#) work well with the minimalist look. [Under-bed storage](#) is another consideration to make to help keep your bedroom tidy, in order to achieve the clean, minimal look you're after.

A large mirror opposite your window will help reflect any natural light which streams into your bedroom.

Tranquil and at one with nature, the minimalist bedroom is a calm haven, so get ready to create perhaps the most peaceful room in your home. Looking for a shot of inspiration? [Look no further...](#)



French twist

Creams, whites, soft pastels, and delicate floral fabrics work well for a bedroom style with a French twist. You'll be after accessories in pretty shades of pink, blue and soft grey. Delicate, shabby-chic furniture also works well here – we're talking white or light-coloured beds with a slightly distressed finish.

Tranquil and elegant, your French-style bedroom will look picture-perfect with a floral throw, a [classic bedside table](#) and fresh flowers. Gentle lighting is also key to this look, and a small crystal chandelier works well as a stylish centre-piece. A hanging mirror or two will help to make your bedroom appear more light and roomy, too.

Candles always add sensory delight to your home, and fresh scents such as jasmine offer a light, floral fragrance, while lavender will to give your room a touch of Provence.



Why not complement your twist on French style in the bedroom, and introduce a [Provence Rattan White Wooden bed frame](#)? Designed with a chic, romantic style in mind, it's the perfect addition to your collection. Looking for further inspiration? [This beautiful French-style bedroom](#) is worth taking a look at.



Industrial

To achieve the industrial-style look in your bedroom, think furniture with a distressed finish, simple designs and plenty of grey, blue and black tones, with a subtle nod to stripes or geometric pattern. Block-coloured walls and plain cotton blinds work well in an industrial-style room, along with wooden floors, or a versatile grey carpet. A **neutral-coloured bed**, which almost blends into your surroundings, is ideal.

When it comes to accessorising your room, again it pays to find subtle yet stylish pieces such as a hanging pot plant, a stylish bedside table or a couple of chunky-framed photographs, to give the impression of a laid-back New York loft space. Looking for a little more inspiration? Check out these industrial bedrooms [here](#) and [here](#).

Time4Sleep's Top Interior Tips

Fresh flowers and plants instantly lift a room, adding freshness and colour. For those who want hassle-free plants, cacti and succulents are a great option. It's also worth hunting for beautiful contemporary plant pots, to match.



Candles play a part in giving your room a soft glow and a relaxing ambience. Alternatively, a dimmer switch gives you the option to create an equally soothing atmosphere.



Mirrors help to make your bedroom feel that much larger and lighter. It's worth investing in one or two statement mirrors to complement the style of your bedroom.



Cushions, rugs and throws can be used to add a splash of colour or pattern to your bedroom. You can easily swap these accessories if you want to freshen up your bedroom without the hassle of redecorating.



Under-bed storage works well in any style bedroom to help keep clutter at bay, and especially if you're looking to achieve a minimalist or Scandinavian-style room where tidiness and space is of the essence.



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www.time4sleep.co.uk

01484 500 560

info@time4sleep.co.uk

Colneside Business Park, Pollard Street South, Milnsbridge, Huddersfield HD3 4JD

Sources

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