

Instructions by Time4Sleep Products



Essentials White Single Wooden Mid Sleeper Bed Frame

Assembly instructions for Essentials White Single Wooden Mid Sleeper Bed Frame by Time4Sleep.

Product Information

Essentials White Single Wooden Mid Sleeper Bed Frame

Description

Are you looking for a simple space saving bed for your child? Introducing the Essentials White Mid Sleeper bed. The white finish offers a bright and comforting feel, while the sturdy construction ensures safety. Complete with safety rails and a secure ladder, this mid-sleeper is an essential for growing kids, providing a sleep zone and maximising their bedroom space. Please note that for safety reasons the maximum recommended mattress height for this bed is 15cm.

Product specifications

	Single
Width	102 cm
Length	200 cm
Height	112.3 cm

SKU

Ess30WhiteMidSleeper



Safety Advice

- Please take the time to carefully read through the whole of these instructions before you commence.
- Keep these instructions for future reference.
- Unpack, inspect and check off all of the contents.
- Please dispose of all packaging safely.
- Small component parts could choke a child if swallowed.
- We strongly recommend that you keep children well away from the work area.
- It would be sensible to lay a sheet or blanket on the floor where you intend to work to avoid scratching this product and to protect your floor.
- This product is heavy. Take extreme care when lifting to avoid personal injury or damage to the product.
- Assemble the product as close to its intended final position in the room as possible.
- Please check the contents of boxes before attempting to assemble this product. A full checklist of parts and fittings is given in page 2 of this instruction leaflet.

Handy hint: If you keep the hardware in a bowl during assembly you will be less likely to lose them.



Important

Read carefully - Retain for future reference

Warnings:

- High beds and the upper bed of bunks beds are not suitable for children under six years due to the risk of injury from falls
- Bunk beds and high beds can present a serious risk of injury from strangulation if not used correctly.
- Never attach or hang items to any part of the bed that are not designed to be used with the bed, for example, but not limited to, ropes, strings, cords, hooks, belts and bags.
- Children can become trapped between the bed and the wall, a roof pitch, the ceiling, adjoining pieces of furniture (e.g. cupboards) and the like. To avoid risk of serious injury, the distance between the top safety barrier and the adjoining structure shall not exceed 75mm or shall be more than 230mm.
- Do not use the bunk bed/high bed if any structural part is broken or missing and always follow the manufacturer's instructions.
- The largest size of mattress recommended for safe use is 190cm x 90cm with maximum thickness of (6 inch).
- Frequent ventilation of the room is necessary to ensure that humidity is kept low and to prevent mould forming in and around the bed.
- We strongly recommend regular checks on all assembly fastenings to ensure they are properly tightened.

This bunk complies with BS EN 747-1:2012+A1:2015



Warnings

To help prevent serious or fatal injuries from entrapment or falls:

- The top of the Mattress shall be at least 160mm below the upper edge of the safety barriers. The maximum thickness of the mattress shall be 6".
- Only use mattress that is 1900mm (75") long and 900mm (35") wide on upper a shall be at least 160mm (6-1/4) below the edge of the safety barriers.
- Follow written instructions with this bed.








Strangulation Hazard

- Never attach or hang item to any part of the bunk bed that are not designed for use with the bed; for example, but not limited to, hook, belt, and jump ropes.
- This upper bed is not suitable for children under six years.
- EN 747 : 2012 + A1 : 2015
- Made in Malaysia
- Importer by Mattressman Ltd.

General Hints & Tips

- Two person assembly
- One hour needed for assembly

Tools

1 - JCBC (M6 x 90mm) 22		2 - Barrel Nut (M6 x 15mm) 22	
3 - Wood Dowel (M10 x 30mm) 36		4 - JCBC (M6 x 30mm) 6	
5 - JCBC-W (M6 x 50mm) 10		6 - CSK Screw (M4 x 38mm) 3	
7 - JCBC-W (M6 x 30mm) 4		8 - CSK (M4 x 25mm) 26	
9 - M4 Allen Key 1		Phillips Screwdriver (not supplied) 1	



Parts

A - Bed Post

4 piece(s)



C - Headboard and Footboard Mid Panel

2 piece(s)



E - Front Upper Guardrail

2 piece(s)



G - Guardrail Spindle

2 piece(s)



I - Upper Side Rail (Back)

1 piece(s)



K - Ladder Rail (Long)

1 piece(s)



M - Set of Slats

1 piece(s)



B - Headboard and Footboard Top Panel

2 piece(s)



D - Headboard and Footboard Bottom Panel

2 piece(s)



F - Back Upper Guardrail

2 piece(s)



H - Upper Side Rail (Front)

1 piece(s)



J - Ladder Rail (Short)

1 piece(s)



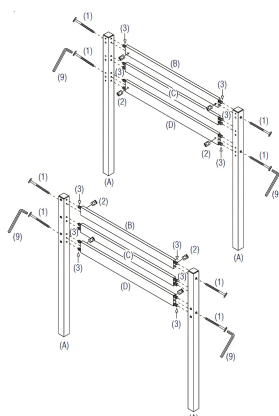
L - Ladder Steps

3 piece(s)



Steps (6)

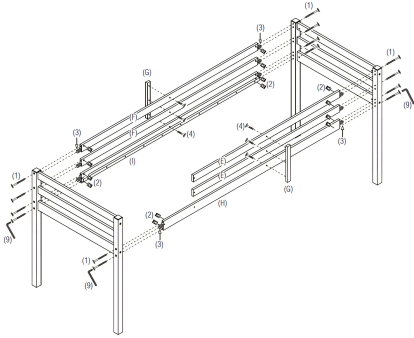
1. Assemble the Bunk End Frames



1. Position two Bed Posts (A) vertically as shown in the diagram.
2. Insert Wood Dowels (3) into the pre-drilled holes on the Headboard and Footboard Panels (B, C, D).
3. Align the panels (B - Top Panel, C - Mid Panel, D - Bottom Panel) between the two Bed Posts (A).
4. Secure the panels by inserting Barrel Nuts (2) into the side holes and fastening them with JCBC Bolts (1).
5. Use the M4 Allen Key (9) to tighten all bolts, ensuring the frame is stable and secure.

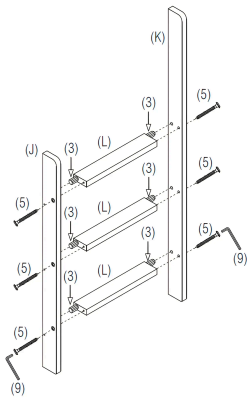


2. Assemble the Bunk End Frames with the Side Rails and Guardrails



1. Position the assembled bunk end frames upright.
2. Attach the Upper Side Rails (H & I), Front Guard Rails (E) and Back Guard Rails (F) by inserting Wood Dowels (3) into the pre-drilled holes.
3. Secure them with Barrel Nuts (2) and JCBC Bolts (1).
4. Use the M4 Allen Key (9) to tighten all bolts.
5. Install the Guardrail Spindle (G) by aligning it vertically between the guardrails and securing it with JCBC Bolts (4) and tighten all bolts, ensuring the structure is stable.

3. Assemble the Ladder

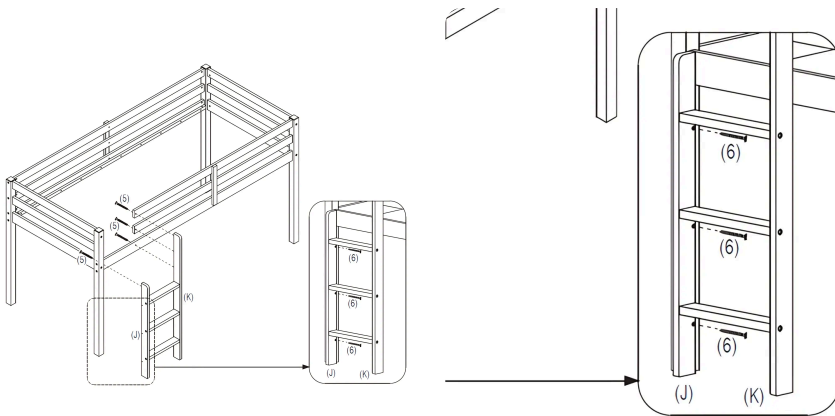


1. Position the Ladder Rails (J & K) vertically, ensuring they are aligned as shown in the diagram.
2. Insert Wood Dowels (3) into the ends of each Ladder Step (L).
3. Align the Ladder Steps (L) between the Ladder Rails (J & K) and press them into place.
4. Secure the steps using JCBC-W Bolts (5), inserting them through the ladder rails into the steps.
5. Use the M4 Allen Key (9) to tighten all bolts, ensuring the ladder is stable.

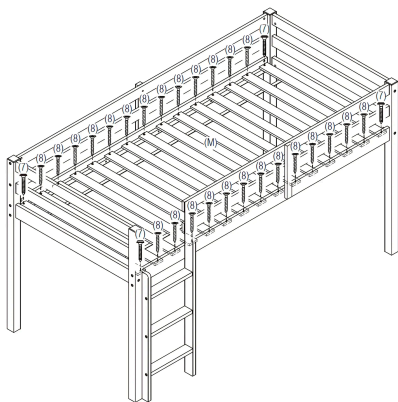


4. Attach the Ladder

1. Position the assembled ladder (J & K) against the designated side of the bed frame, ensuring proper alignment.
2. Secure the ladder to the bed frame using JCBC-W Bolts (5), inserting them through the pre-drilled holes on the side rail into the ladder rails.
3. Tighten the bolts using the M4 Allen Key (9) to ensure a secure attachment.



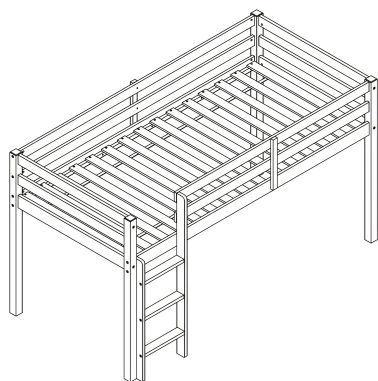
5. Fit the Slats in Place



1. Lay out the Set of Slats (M) evenly across the bed frame. Ensure that they are aligned properly with the side rails.
2. Secure the slats on the corner using JCBC-W Bolts (7) as shown on the diagram.
3. Fasten the slats in place with CSK Screws (8) by inserting them through the pre-drilled holes and tightening them.



6. Final Check



- Verify that all slats are securely fastened and evenly spaced.
- Check for any loose connections and tighten the screws if necessary.

Need Help? Call 01484 500 560 or email hello@time4sleep.co.uk - please include your order number if you have one!

