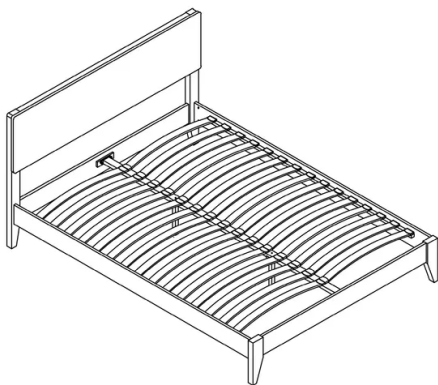




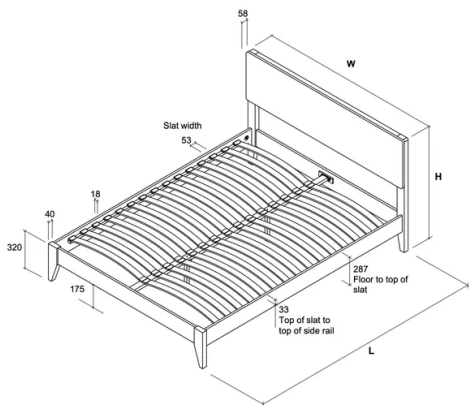
Instructions by Time4Sleep Products

Ashbourne Wooden Bed Frame

Assembly instructions for Ashbourne Wooden Bed Frame by Time4Sleep

Product Information

Ashbourne Wooden Bed Frame



Description

The Ashbourne Wooden Bed Frame offers a timeless, minimalist design built for strength and durability. Crafted from solid wood and supported by resilient bentwood slats, it provides excellent mattress support and long-lasting stability. Its clean lines and elegant simplicity make it a versatile choice that complements both classic and modern interiors.

Product specifications

	Double	King
Overall Dimensions (LWH mm)	2010 x 1460 x 1000	2110 x 1610 x 1000
Interior Dimensions (LW mm)	1930 x 1380	2030 x 1530
Distance between slats (mm)	68	68
Slat Dimension (mm)	685 x 53 x 9	760 x 53 x 9

SKU

Ash46LightWood, Ash50LightWood,
Ash46DarkWood, Ash50DarkWood

Before you start



- Please read this sheet prior to assembly to familiarise yourself with the various stages of construction. Carefully open the pack supplied and check the contents against the parts and fittings check list.
- Do not destroy any of the packaging until you are certain that you have all the necessary parts for the assembly.
- Please ensure that the packaging is disposed of in a safe environmentally friendly way.
- **Caution:** There are small components used in the construction of this unit. These loose items should be kept away from young children during assembly, to avoid danger of choking.

Care & Maintenance

In the unlikely event of missing or damaged parts, please contact your retailer. Please have this guide at hand quoting the part code reference numbers shown when requesting spare or replacement parts.

General Hints & Tips

- Two person assembly
- Please retain your assembly instruction and tools provided for future use. Periodically check that all bolts are still tight.



Tools

Slat End Cap

30



Slat Centre Cap

15



Bolt (M8*18mm)

4



Bolt (M8*45mm)

8



Threaded Stud (M8*75mm)

16



Nut For M8 Bolts

16



Half Moon bracket (M8)

16



Large Flat Washer For M8 Bolts

12



Spring Washer For M8 Bolts

28



Wood Dowel (Ø8*30mm)

12



Allen Key For M8 Bolts

1



Spanner For M8 nuts

1

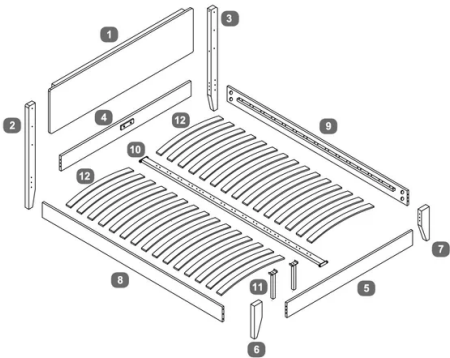


Small Flat Washer For M8 Bolts

16



Parts

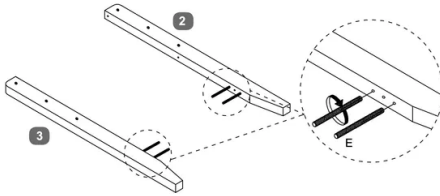


Headboard Panel	1
Headboard Leg - LH	1
Headboard Leg - RH	1
Headboard Lower Panel	1
Footboard Panel	1
Footboard Leg - LH	1
Footboard Leg - RH	1
Side Rail - LH Side	1
Side Rail - RH Side	1
Centre Support Rail	1
Legs For Support Rail	2
Bentwood Slats	30



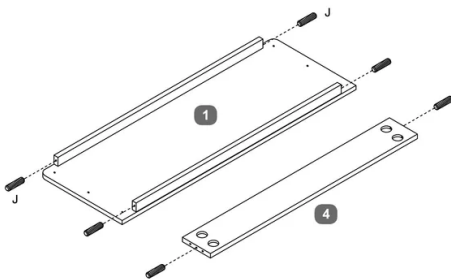
Steps (14)

1. Prepare the Headboard Legs



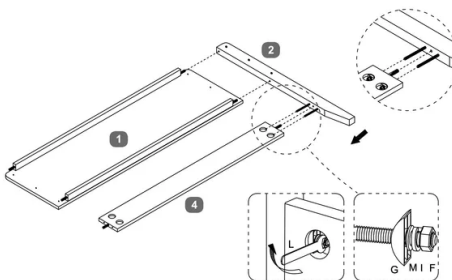
1. Take the **Headboard Legs (2 & 3)**.
2. Insert **Threaded Studs (E)** into the predrilled holes as shown in the diagram.
3. Ensure the studs are fully tightened and aligned straight for later assembly.

2. Prepare the Headboard Panel



1. Take the **Headboard Panel (1)** and the **Headboard Lower Panel (4)**.
2. Insert **Wood Dowels (J)** into the predrilled holes of both panels.
3. Make sure the dowels are pushed in fully and sit firmly in place.

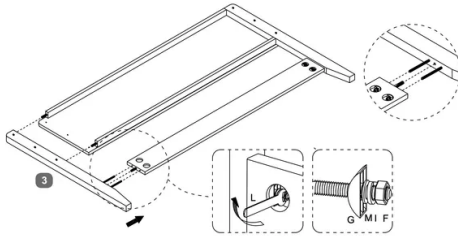
3. Attach Left Headboard Leg



1. Position the **Headboard Leg - LH (2)** onto the side of the **Headboard Panel (1)** and **Headboard Lower Panel (4)**.
2. Align the **Threaded Studs (E)** and **Wood Dowels (J)** with the predrilled holes.
3. Secure the connection with:
 - **Half Moon Bracket (G)**
 - **Small Flat Washer (M)**
 - **Spring Washer (I)**
 - **Nut (F)**
4. Tighten using the **Spanner (L)**.

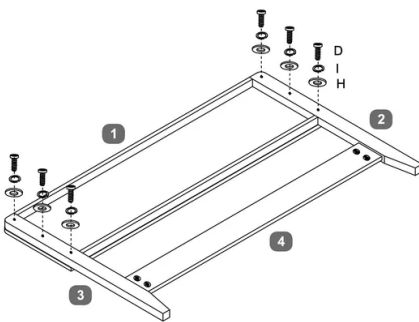


4. Attach Right Headboard Leg



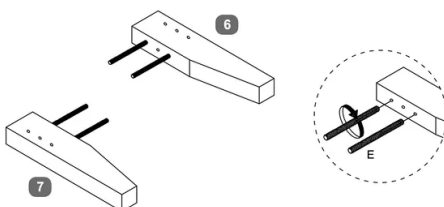
1. Position the **Headboard Leg – RH (3)** onto the opposite side of the **Headboard Panel (1)** and **Headboard Lower Panel (4)**.
2. Align the **Threaded Studs (E)** and **Wood Dowels (J)** with the holes.
3. Secure with:
 - **Half Moon Bracket (G)**
 - **Small Flat Washer (M)**
 - **Spring Washer (I)**
 - **Nut (F)**
4. Tighten firmly using the **Spanner (L)**.

5. Secure the Headboard Assembly



1. With the **Headboard Panel (1)**, **Headboard Lower Panel (4)**, and Legs (2 & 3) assembled, insert **Bolts (D)** through the predrilled holes at the joints.
2. Add the following to each bolt:
 - **Large Flat Washer (H)**
 - **Spring Washer (I)**
3. Tighten all 6 bolts using the **Allen Key (K)**.
4. Ensure the headboard structure is stable and square.

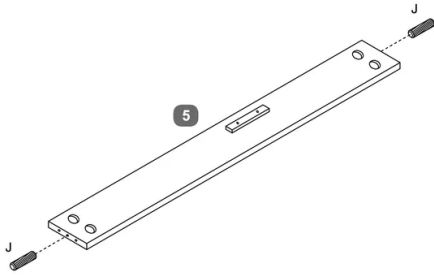
6. Prepare Footboard Legs



1. Take the **Footboard Legs (6 & 7)**.
2. Insert **Threaded Studs (E)** into the predrilled holes of each leg.
3. Make sure the studs are straight and fully tightened for later connection.

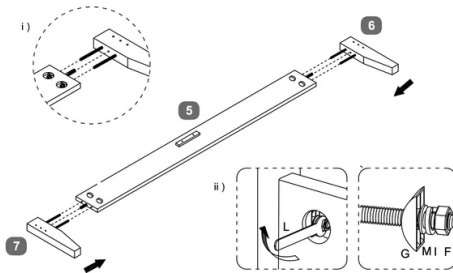


7. Prepare the Footboard Panel



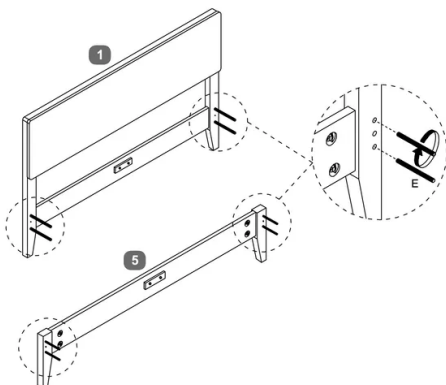
1. Take the **Footboard Panel (5)**.
2. Insert **Wood Dowels (J)** into the predrilled holes at both ends of the panel.
3. Make sure the dowels are pushed in securely.

8. Attach Footboard Legs



1. Position the **Footboard Legs (6 & 7)** at each end of the **Footboard Panel (5)**.
2. Align the **Threaded Studs (E)** and **Wood Dowels (J)** with the holes in the panel.
3. Secure each connection with:
 - **Half Moon Bracket (G)**
 - **Small Flat Washer (M)**
 - **Spring Washer (I)**
 - **Nut (F)**
4. Tighten using the **Spanner (L)**.

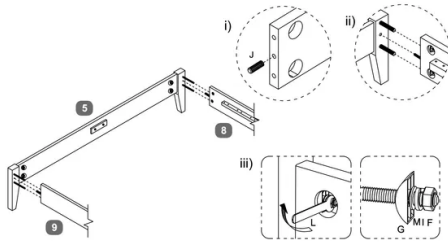
9. Prepare Headboard and Footboard



1. Take the completed **Headboard Assembly (1, 2, 3, 4)** and insert **Threaded Studs (E)** into the predrilled holes at the bottom of both legs.
2. Take the completed **Footboard Assembly (5, 6, 7)** and insert **Threaded Studs (E)** into the predrilled holes at the bottom of both legs.
3. These studs will later connect to the side rails.

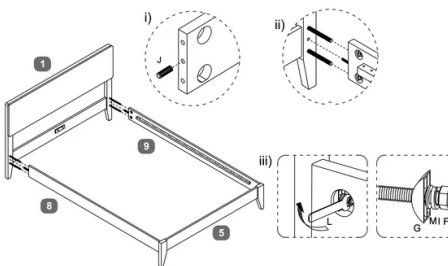


10. Attach Side Rails



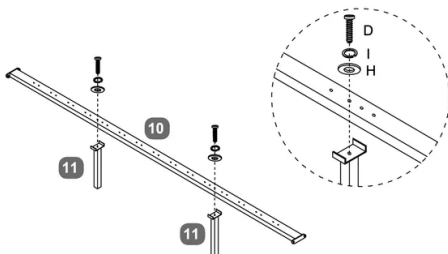
1. Insert **Wood Dowels (J)** into the **Side Rails (8 & 9)**.
2. Align the side rails with the threaded studs on both the headboard and footboard.
3. Secure the connections using:
 - **Half Moon Bracket (G)**
 - **Small Flat Washer (M)**
 - **Spring Washer (I)**
 - **Nut (F)**
4. Tighten all fittings using the **Spanner (L)**.

11. Secure the Side Rails



1. Insert **Wood Dowels (J)** into the remaining holes of the **Side Rails (8 & 9)**.
2. Connect the side rails to the **Headboard (1)** and **Footboard (5)** using the pre-installed **Threaded Studs (E)**.
3. Secure each joint with:
 - **Half Moon Bracket (G)**
 - **Small Flat Washer (M)**
 - **Spring Washer (I)**
 - **Nut (F)**
4. Tighten all nuts securely with the **Spanner (L)**.
5. Ensure the bed frame is square before proceeding.

12. Assemble Centre Support Rail

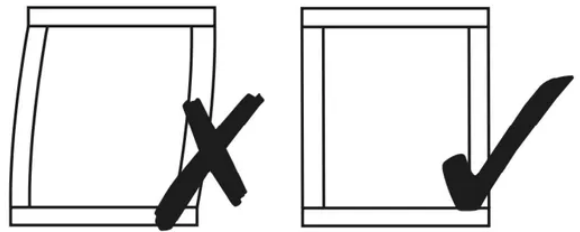
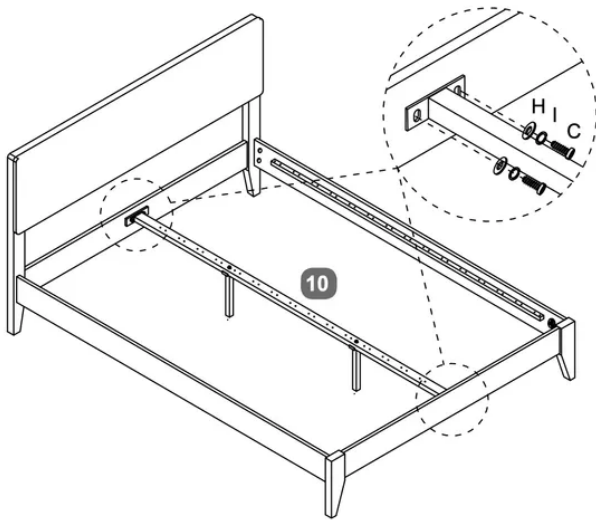


1. Take the **Centre Support Rail (10)** and position the **Support Legs (11)** beneath it at the marked points.
2. Secure each leg using:
 - **Bolt (D)**
 - **Large Flat Washer (H)**
 - **Spring Washer (I)**
3. Tighten firmly with the **Allen Key (K)**.

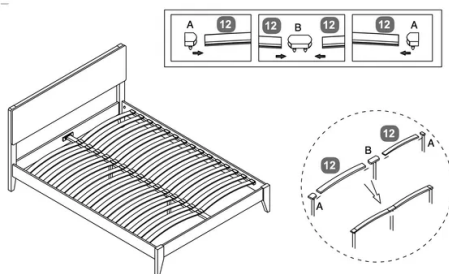


13. Install Centre Support Rail

1. Position the assembled **Centre Support Rail (10)** between the **Headboard (1)** and **Footboard (5)**.
2. Attach the rail ends using:
 - **Bolt (C)**
 - **Large Flat Washer (H)**
 - **Spring Washer (I)**
3. Tighten with the **Allen Key (K)**.
4. Ensure the entire bed frame is squared up before tightening all bolts fully.



14. Install Bentwood Slats



1. Take the **Bentwood Slats (12)** and insert one **Slat End Cap (A)** onto each end.
2. Place the slats across the bed frame, securing the ends into the side rails.
3. For paired slats, use a **Slat Centre Cap (B)** to fix them to the **Centre Support Rail (10)**.
4. Repeat until all slats are evenly installed.

Need Help? Call 01484 500 560 or email hello@time4sleep.co.uk - please include your order number if you have one!





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